

# My Home

## Community Living

### EASY READ VERSION



This sheet is about Community Living services at OC Connections. This includes:

- Supported Accommodation
- Short Term Accommodation, and
- In-Home Support

We call this service **My Home**.



You can ask someone to help you read this sheet.



Some words on this sheet are in **blue**. You can find out the meaning of these words on page 10.

# Living in an OC Connections House



OC Connections has houses where people with disability can:

- live, and
- get the support they need.

This is called supported accommodation.

In these houses there are people who can support you with:

- everyday tasks
- doing more for yourself
- **communication**
- getting along with others, and
- getting out in the **community**.



We work hard to make sure people who live in our houses can:

- learn the skills they need to do more for themselves, and
- live like others in the community.



# How we work with you



OC Connections wants you to:

- be in charge of the support you get, and
- live the life you choose.



Before we start giving you support we will talk to you about:

- what you need, and
- your **goals**.



If you want we can also talk to:

- your family, or
- others who are important to you.



We do this to make sure your support is:

- what you want, and
- best for you.

# About In-Home Support



OC Connections can also give you support in your own home.

This is called in home support.



We can support you if you live:

- at home with your family
- by yourself, or
- with others in the **community**.



You can use this service if you:

- are 18 years old or older, and
- have funding from the government



# How we support you at home



The support we give you will depend on your **goals**. We will give you the support you:

- need, and
- want.

We will give you the support that is in your plan.



We can change your supports as your needs change.



We want you to:

- be able to do things that you want to do, and
- have the support you need to do them.



We will make sure you are in charge of your supports and can choose what you do.



We will support you so you can:

- keep living at home
- learn to do more for yourself
- have help with daily living tasks
- learn new **skills**
- work towards living on your own or in a shared house, and
- get out into the community.



# When can I get support?



You can use our in home support service when it is best for you.



You can use this service:

- in your home,

or



- in the community.

# About Short Term Accommodation



OC Connections can give you support while your carer takes a break.

This is called **short term accommodation**.



While your carer takes a break:

- you can come and stay at our short term accommodation house

or

- we can support you in your own home.



Our staff will help you to:

- do the things you usually do
- see the people you usually see
- do as much as you can for yourself, and
- make new friends.





If you use our short term accommodation service you can get as much support as you need.

You can get support in the day and night.



You can contact us to find out more or to book your stay in short term accommodation.

Our contact details are on the next page.

# How can I find out more?



You can call us on **9569 0603**



Email us:  
[enquiries@oconnections.org](mailto:enquiries@oconnections.org)



Visit our website:  
[oconnections.org](http://oconnections.org)

# What do these words mean?

|                      |   |
|----------------------|---|
| <b>Activities</b>    | <p>Things to do on your own or with others</p> <p>For example:</p> <ul style="list-style-type: none"> <li>• Art</li> <li>• Music</li> <li>• Bowling</li> <li>• Going to a concert</li> </ul>  |
| <b>Communication</b> | <p>To be able to tell others what you think. You can communicate in different ways. For example:</p> <ul style="list-style-type: none"> <li>• Talking</li> <li>• Sign Language</li> <li>• Moving your head or hands</li> <li>• Using pictures or other devices</li> </ul> |
| <b>Community</b>     | <p>The people and places around where you live.</p>   |
| <b>Funding</b>       | <p>Money you get from the government to help pay for the support you need because you have a disability.</p>  |
| <b>Goals</b>         | <p>Things that you want to do in your life</p> <ul style="list-style-type: none"> <li>• Now, or</li> <li>• In the future</li> </ul>   |
| <b>Skills</b>        | <p>The ability to do different tasks or jobs.</p>   |