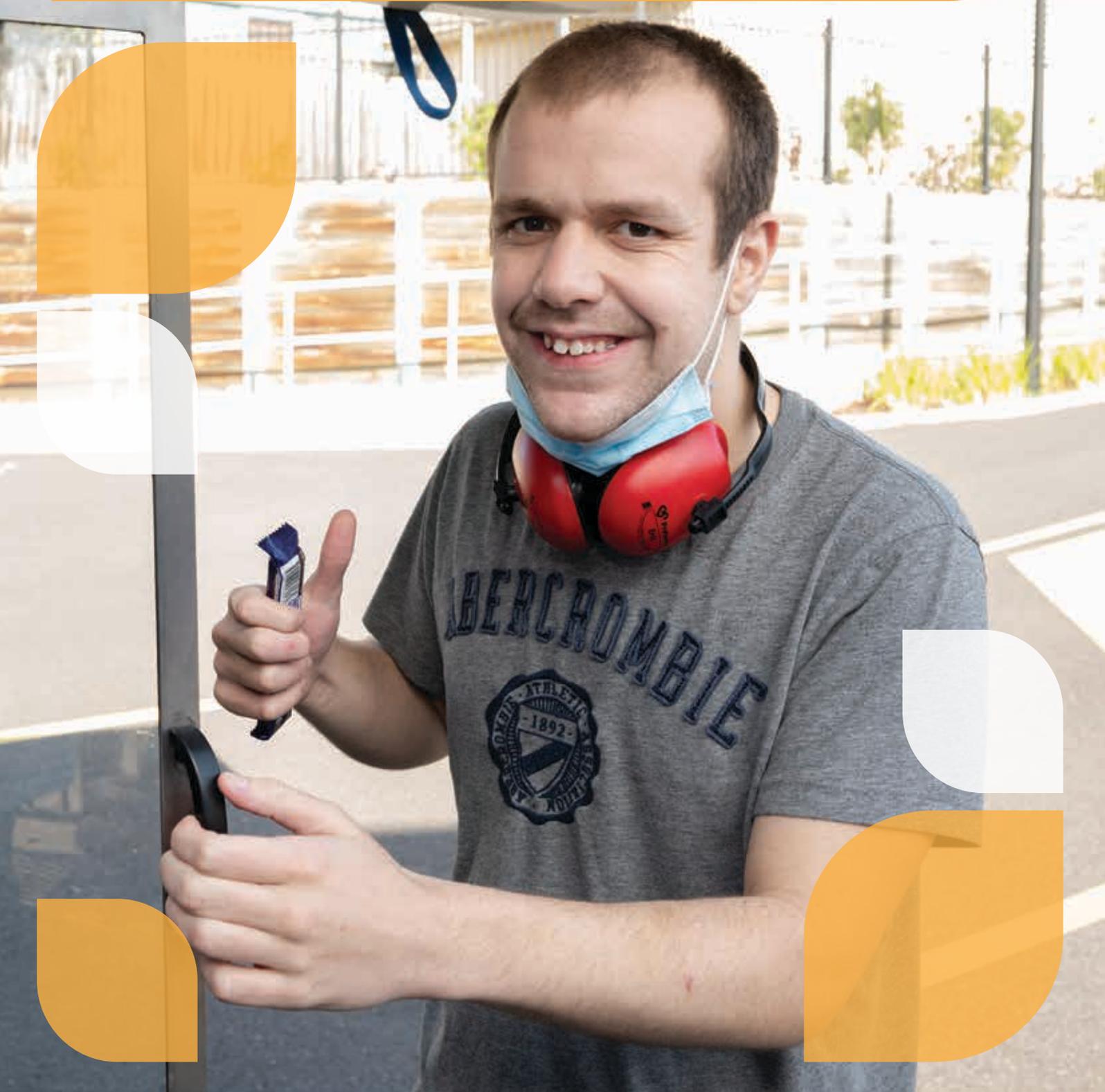




# MY DAYS

## OVERVIEW



**At OC Connections we encourage people to be involved in a wide range of activities based on their life goals and personal interests.**

We provide an environment that promotes choice and control, where participants can feel safe, respected and valued.

We work with people to build on individual strengths and independence and through our unique Co Achieve model to ensure that everyone can learn and develop with the supports that are right for them.

We understand that when people choose how to spend their time it brings with it a sense of empowerment and helps build confidence and independence.

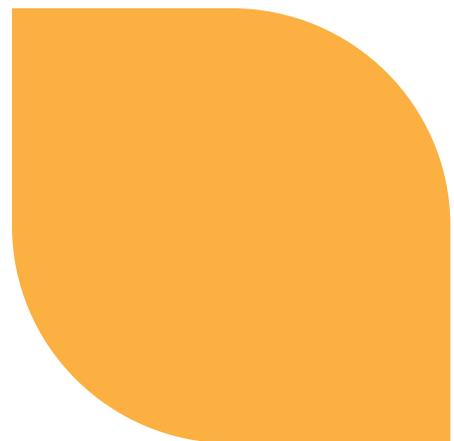
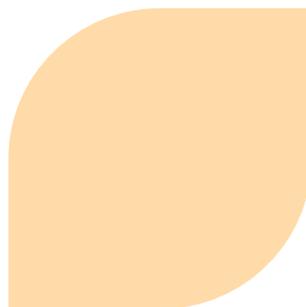
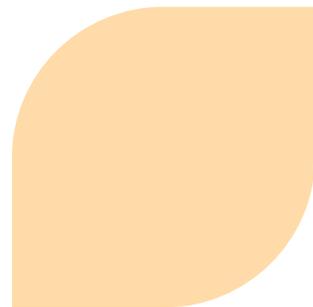
**VARIETY AND CHOICE**

OCC provides a range of activities both on site and in the community, based on participants interests and goals.

Team Leaders and Key Workers can provide support in co-designing opportunities that enable people to achieve their personal life goals.

**ACCESSING OC CONNECTIONS SERVICES**

OC Connections provides support to people over the age of 18, who are living with a disability and have funding through the NDIS. There are also opportunities for people to attend sessions on a fee-for-service basis.



## SERVICE LEADERS /KEY WORKERS

Each participant at OC Connections has a Team Leader and Key Worker who is responsible for supporting them to get the best out of their activities.

We work with each person to identify their goals and aspirations and support them to work towards achieving these. It is important to us that every person lives the life they want, with as much choice and control as possible. We seek input from families, friends and others who are important to the participant.

Team Leaders and Key Workers are a first point of contact for families to ensure that the best supports are in place, if people's needs change.



## TRANSITION FROM SCHOOL

The move from school to OC Connections can be a challenging time for some young people. OC Connections provides a team of staff trained in Active Support and Positive Behaviour Support and Communication Support to assist each person to make a positive transition into post school opportunities.

We then work with the individual and their support networks to identify choices and activities they are interested in so that they can meet their personal goals.



## GETTING HERE

Participants travel to and from OC Connections in various ways including public transport, their own transport or taxis. Travel by bus may be available for OC Connections participants with NDIS transport funding, however it is dependent on available seating and locality.





PLEASE CONTACT US TO DISCUSS  
YOUR LIFE GOALS OR DOWNLOAD OUR  
BROCHURE FOR MORE INFORMATION.  
ACTIVITY COSTS MAY APPLY.



**FOR MORE INFORMATION  
PLEASE CONTACT US**

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