

My Holidays

OC Connections Holiday

Service



Easy English

This sheet is about



- OC Connections holiday service
- and
- what we can do for you.

We call this service **My Holidays**.



You can ask someone to help you read this sheet.



Some words on this sheet are in **blue**. You can find out the meaning of these words on page 8.

About My Holidays



OC Connections holiday service can help you plan your next holiday. We can help you

- contact a travel service
- and
- organise the supports you will need on your holiday. For example



- **self care**
- and
- getting out in the **community**.



There are many travel services that

- know a lot about travel for people with disability
- and
- are **affordable** for most people.

We can introduce you to these travel services.

Why are holidays important?



Holidays are important for everyone because doing new things can help you feel good about

- yourself
- and
- what you can do.



Holidays can help you to

- learn new things
- and
- reach your **goals**.



Holidays can

- keep you fit
- and
- make you feel happier.



About our holiday house



OC Connections has a holiday house at the beach that people with disability can **rent**.



Our holiday house is accessible. This means it has everything that you need to be

- **comfortable**

and

- supported.

It has

- ramps

- hoists

and

- other **equipment** for people with different disabilities.



If you would like to **rent** this house

Phone 9569 0603

More about the house



The house is in the Mornington Peninsula in a place called Tootgarook.



There is a person

- who can answer questions while you are there
- and
- show you around when you arrive.

The house has



- 6 bedrooms
- 14 beds. This includes 2 hospital beds.
- 3 accessible bathrooms
- 2 lounge rooms
- kitchen
- BBQ and outdoor area
- heating and cooling.



The house has



- doonas
- blankets
- and
- pillows

for each bed.



You can

- bring your own sheets and pillow cases
- or
- you can ask us to put some on the beds before you arrive.





How can I find out more?

OC Connections has lots of different services.

You can find out more about

- our holiday service
- and
- the other services we provide.



You can

Phone 9569 0603



Email info@oconnections.org.au



Go to www.OCCconnections.org

What do these words mean?

affordable	When the cost of something is not too much for most people.
comfortable	When you feel <ul style="list-style-type: none">• relaxed and <ul style="list-style-type: none">• safe.
community	The <ul style="list-style-type: none">• people and <ul style="list-style-type: none">• places around where you live.

<p>equipment</p>	<p>Tools to help you do things. For example equipment for people with disability means things like</p> <ul style="list-style-type: none"> • hoists • walking frames • and more.
<p>goals</p>	<p>Things you want to do</p> <ul style="list-style-type: none"> • now and • in the future.
<p>NDIS</p>	<p>The new way the government supports people with disability.</p>
<p>NDIS budget</p>	<p>The money you get from the NDIS to pay for the things you need because you have a disability. This is also called NDIS funding.</p>

NDIS Plan	<p>A list of</p> <ul style="list-style-type: none"> • goals you have set and • supports you need because you have a disability. <p>The NDIS uses your plan to work how much funding you need.</p>
provider	A business that has services for people with disability.
rent	Money you pay to live or stay at a house.
self care	<p>Looking after your body. For example</p> <ul style="list-style-type: none"> • bathing • cleaning teeth • going to the toilet • and more.
skills	The ability to do different jobs or tasks.
training	Learning how to do new things.

The Easy English in this book was written by
Clear Words (www.clearwords.com.au) and OC
Connections. January 2018.

Images in this book come from

- Clear Words. www.clearwords.com.au
- Photosymbols. www.photosymbols.com
- Openclipart. www.openclipart.org
- IStock. www.istock.com

You can print this book. If you want to copy or
use the images in this book you must ask us first.