

## My Holidays

### OC Connections Holiday

### Service



### Easy English

This sheet is about



- OC Connections holiday service
- and
- what we can do for you.

We call this service **My Holidays**.



You can ask someone to help you read this sheet.



Some words on this sheet are in **blue**. You can find out the meaning of these words on page 13.

## About My Holidays



OC Connections holiday service can help you plan your next holiday. We can help you

- contact a travel service
- and
- organise the supports you will need on your holiday. For example
  - **self care**
  - and
  - getting out in the **community**.



There are many travel services that

- know a lot about travel for people with disability
- and
- are **affordable** for most people.

We can introduce you to these travel services.

## Why are holidays important?



Holidays are important for everyone because doing new things can help you

- feel good about yourself
- and
- what you can do.



Holidays can help you to

- learn new things
- and
- reach your **goals**.



Holidays can

- keep you fit
- and
- make you feel happier.



## About our holiday house



OC Connections has a holiday house at the beach that people with disability can **rent**.



Our holiday house is accessible. This means it has everything that you need to be

- **comfortable**

and

- supported.

For example it has

- ramps

- hoists

and

- other **equipment** for people with different disabilities.



If you would like to **rent** this house

**Phone** 9569 0603

## More about the house



The house is in the Mornington Peninsula in a place called Tootgarook.



There is a person

- who can answer questions while you are there
- and
- show you around when you arrive.

The house has



- 6 bedrooms
- 14 beds. This includes 2 hospital beds.
- 3 accessible bathrooms
- 2 lounge rooms
- kitchen
- BBQ and outdoor area
- Heating and cooling.

The house has



- doonas
- blankets
- and
- pillows

for each bed.



You can

- bring your own sheets and pillow cases
- or
- you can ask us to put some on the beds before you arrive.



## What other services does OC Connections have?



OC Connections has other services for people with disability.

We have

- **houses** where people with disability can
  - live
  - and
  - get the support they need.
- **day supports**
- **jobs and training**
- and
- **support coordination.**



You can find out more about these next.

## About our houses



OC Connections has houses for people with disability. If you choose to live in one of our houses we will help you to feel

- **comfortable**
- **confident**
- and
- happy.



We will help you to



- do the things you want to do
- do as much for yourself as you can
- and
- be part of the **community**.



While you live in the house you can also do

- day programs
- and
- go to work

## About our day programs



OC Connections can work with you to decide the things you want to do in your day.

You can choose to do things like



- art
- music
- getting fit

or



- learning a new **skill**.

You can do



- cooking
- gardening
- computers



- swimming
- and more.

We can help you to do these things.



## About jobs and training

OC Connections can help you get a job.

We can also help you



- do **training**
- and
- learn new **skills**

that can help you get a job later.

Doing **training** and getting a job can help you



- feel good about yourself
- be part of the **community**
- and
- make new friends.



OC Connections has jobs for people with disability. You can get the support you need while you work with us.

## About support coordination



OC Connections can help you

- understand the **NDIS**
  - and
  - set up your supports
- after you get your **NDIS plan**.

This is called **support coordination**.



We can work with you to

- find the right **provider**
- fix any problems that happen
- and



**NDIS**

- keep to your **NDIS budget**.

We can help you learn to

- do more on your own
- look after your own services
- and
- look after your **NDIS** money yourself.





## How can I find out more?

You can find out more about our holiday service.



You can

**Phone** 9569 0603



**Email** [info@occonnections.org.au](mailto:info@occonnections.org.au)



**Go to** [www.OCCconnections.org](http://www.OCCconnections.org)

## What do these words mean?

<b>affordable</b>	<p>When something is affordable</p> <ul style="list-style-type: none"> <li>• now</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• in the future.</li> </ul>
<b>comfortable</b>	<p>When you feel</p> <ul style="list-style-type: none"> <li>• relaxed</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• safe.</li> </ul>
<b>community</b>	<p>The</p> <ul style="list-style-type: none"> <li>• people</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• places</li> </ul> <p>around where you live.</p>

<b>confident</b>	<p>To feel good about</p> <ul style="list-style-type: none"> <li>• yourself</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• What you can do.</li> </ul>
<b>equipment</b>	<p>Tools to help you do things. For example equipment for people with disability means things like</p> <ul style="list-style-type: none"> <li>• hoists</li> <li>• walking frames</li> <li>• and more.</li> </ul>
<b>goals</b>	<p>Things you want to do</p> <ul style="list-style-type: none"> <li>• now</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• in the future.</li> </ul>
<b>NDIS</b>	<p>The new way the government supports people with disability.</p>
<b>NDIS budget</b>	<p>The money you get from the NDIS to pay for the things you need because you have a disability. This is also called NDIS funding.</p>

<b>NDIS Plan</b>	<p>A list of</p> <ul style="list-style-type: none"> <li>• goals you have set</li> </ul> <p>and</p> <ul style="list-style-type: none"> <li>• supports you need because you have a disability.</li> </ul> <p>The NDIS uses your plan to work how much funding you need.</p>
<b>provider</b>	<p>A business that has services for people with disability.</p>
<b>rent</b>	<p>Money you pay to live or stay at a house.</p>
<b>self care</b>	<p>Looking after your body. For example</p> <ul style="list-style-type: none"> <li>• bathing</li> <li>• cleaning teeth</li> <li>• going to the toilet</li> <li>• and more.</li> </ul>
<b>skills</b>	<p>The ability to do different jobs or tasks.</p>
<b>training</b>	<p>Learning how to do new things.</p>

The Easy English in this book was written by  
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